

2008/2009 Volleyball Summer Camp Timetable

December

Day	Date	Time	Team	Venue	Coach	Focus
Monday	1 st	6-8am	1st VI Squad	WP	MR	Skills + Matchplay
		7-8:30am	U15	CC	JW	Skills + Matchplay
		8:30-10am	U13/14	CC	JW	Skills + Matchplay
		10:30-12pm	U16/2nd VI	CC	JW	Skills + Matchplay
		4-6PM	1st VI Squad	CC	DM	Game Vs The Gap S.H.S.
Tuesday	2 nd	6-8am	1st VI Squad	WP	MR	Skills + Matchplay
		7-8:30am	U15	CC	JW	Skills + Matchplay
		8:30-10am	U13/14	CC	JW	Skills + Matchplay
		10:30-12pm	U16/2nd VI	CC	JW	Skills + Matchplay
		5-7pm	1st VI Squad	WP	DM	Game Vs Villanova College
Wednesday	3 rd	6-8am	1st VI Squad	WP	MR	Skills + Matchplay
		7-8:30am	U15	CC	JW	Skills + Matchplay
		8:30-10am	U13/14	CC	JW	Skills + Matchplay
		10:30-12pm	U16/2nd VI	CC	JW	Skills + Matchplay
		4-6PM	1st VI Squad	WP	DM	Skills + Matchplay
Thursday	4 th	6-8am	1st VI Squad	WP	MR	Skills + Matchplay
		7-8:30am	U15	CC	JW	Skills + Matchplay
		8:30-10am	U13/14	CC	JW	Skills + Matchplay
		10:30-12pm	U16/2nd VI	CC	JW	Skills + Matchplay
		3:30-5:30pm	1st VI Squad		DM	Game Vs St Patricks College
Friday	5 th	6-8am	1st VI Squad	WP	MR	Skills + Matchplay
		7-8:30am	U15	CC	JW	Skills + Matchplay
		8:30-10am	U13/14	CC	JW	Skills + Matchplay
		10:30-12pm	U16/2nd VI	CC	JW	Skills + Matchplay
		No PM Training	1st VI Squad			
Saturday	6 th	NO TRAINING				
Sunday	7 th					
Monday	8 th	6am-12pm	1st VI Squad	CC	MR/DM	Skills + Matchplay
Tuesday	9 th	6am-12pm	1st VI Squad	CC	MR/DM	Skills + Matchplay
Wednesday	10 th	6am-12pm	1st VI Squad	CC	MR/DM	Skills + Matchplay
Thursday	11 th	6am-12pm	1st VI Squad	CC	MR/DM	Skills + Matchplay
Friday	12 th	6am-12pm	1st VI Squad	CC	MR/DM	Skills + Matchplay